

New Hampshire PT Board

FAQs

11/14/24

1. JAM frequency
 2. CEU's - we don't approve, where to find in rules
 3. Dry needling
 4. How to file a complaint
 5. Direct access
 6. Cannabis
 7. Co-signature requirements
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1. I recently received a notification that I need to take the Jurisprudence Assessment Module (JAM). Is it an official notification that I must follow?
 - a. The NH JAM is required to be taken each April, May, or June of years ending in "0" and "5" (Phy 402.06(a))
 2. I am interested in taking a continuing education course. Where do I go to get it approved for my license renewal?
 - a. The NH PTGB does not pre-approve courses to apply toward continuing competence requirements for license renewal. You can find information regarding continuing competency requirements at Phy 406.01 [Maintenance of Continuing Competence Requirements](#).
 3. I am interested in performing dry needling on my patients. Is it in the NH scope of practice and what are the requirements for education?
 - a. The New Hampshire Governing Board is silent on the topic of dry needling. In this case, a clinician is expected to follow guidance from FSBPT and the APTA. Resources can be found here: [FSBPT > Free Resources > Regulatory Resources > Dry Needling Competencies](#)
 4. I don't like the way my physical therapist treated me. How do I file a complaint to the NH PTGB?
 - a. You can find resources to file a complaint at the following link. You are encouraged to include detailed information in the complaint details and complaint narrative sections of the form. If possible, also include the law(s)/rule(s) that were felt to be in violation.
 - b. [Report Non-Compliance | NH Office of Professional Licensure and Certification](#)
 5. Is there direct access in New Hampshire?
 - a. Per 328-A:9 Lawful Practice, a physical therapist is only required to refer a patient or client to appropriate health care practitioners when:

(a) The physical therapist has reasonable cause to believe symptoms or conditions are present that require services beyond the scope of practice; or (b) Physical therapy is contraindicated. ([Section 328-A:9 Lawful Practice.](#))

6. I think my patient has been using cannabis before therapy sessions. Can I still see them? Can I recommend the use of cannabis for my patient who has persistent pain?
 - a. Along with growing legalization of medical and recreational cannabis, there is increased use by physical therapy patients for a multitude of reasons including pain, anxiety, and anti-depression. The NH PTGB is silent regarding the use of cannabis however each patient on each day of treatment should be assessed for the ability to safely and effectively participate in a treatment session.
 - b. There are resources located on the FSBPT website [Cannabis Resource.pdf](#)
7. I have heard conflicting information regarding the need to co-sign my PTA's notes. Do I have to co-sign everything?
 - a. 328-A:11 Obligations of Licensees A physical therapist assistant shall work under a physical therapist's general supervision. A physical therapist assistant shall document care provided and shall report to a supervising physical therapist any status in a patient requiring a change in the plan of care. The supervising physical therapist shall review and co-sign all notes during each reevaluation. [Section 328-A:11 Obligations of Licensees.](#)