

WILLIAM & MARY

BOARD OF VISITORS
COMMITTEE ON THE STUDENT EXPERIENCE
DRAFT MINUTES
NOVEMBER 18, 2021
MCLEOD TYLER WELLNESS CENTER

COMMITTEE MEMBERS PRESENT

Hon. Mari Carmen Aponte, Chair
Ms. Lisa E. Roday, Vice Chair
Mr. S. Douglas Bunch
Ms. Sue H. Gerdelman
Ms. Cynthia E. Hudson

Dr. Karen Kennedy Schultz
Ms. Ardine Williams
Dr. Marc Sher, Faculty Representative
Mr. John Cho, Student Representative

OTHER BOARD MEMBERS PRESENT

Mr. Victor K. Branch
Mr. James A. Hixon
Ms. Barbara L. Johnson
Mr. John E. Littel, Rector

Mr. William H. Payne, II
Hon. Charles E. Poston
Mr. John P. Rathbone
Mr. J.E. Lincoln Saunders

OTHERS PRESENT

Dr. Peggy Agouris, Provost
Dr. Virginia M. Ambler, Vice President for Student Affairs
Dr. R. Kelly Crace, Associate Vice President for Health & Wellness
Daria Moody, W&M Undergraduate Student
Kyla Payne, W&M Undergraduate Student
Nicholas Brancatella, W&M Undergraduate Student
Ms. Christine Ladnier, Administrative Assistant
Mr. Michael J. Fox, Secretary to the Board of Visitors
Ms. Jessica Walton, Deputy Secretary to the Board of Visitors
Members of the President's Cabinet
W&M Staff and Faculty

INTRODUCTORY REMARKS

Ms. Mari Carmen Aponte, Chair, called the Committee on the Student Experience to order at 1:05 pm.

APPROVAL OF MINUTES

Recognizing that a quorum was present, Ms. Aponte asked for a motion to adopt the minutes of the September 23, 2021 meeting. A motion was made by Ms. Cynthia E. Hudson, seconded by Ms. Lisa E. Roday, and unanimously approved by voice vote.

UPDATE FROM THE VICE PRESIDENT OF STUDENT AFFIARS

Ms. Aponte welcomed those present and then introduced Dr. Virginia Ambler, Vice President for Student Affairs, to begin the presentation.

Dr. Ambler advised that student life is alive and well on the university's campus. Students were enriching their college experience by participating in the variety of programs offered. Construction on the Sadler Center expansion project is underway and remains on time and within budget; it is scheduled to be completed in July 2022. Dr. Ambler then welcomed Dr. R. Kelly Crace, Associate Vice President for Health & Wellness, Director of the Center for Mindfulness & Authentic Excellence (CMAx).

Dr. Crace, welcomed all and expressed appreciation and thanks for the collaborative effort of those who helped build the McLeod Tyler Wellness Center. He said Health & Wellness at William & Mary integrates a variety of disciplines and professionals to provide services that optimize the wellbeing of the campus community. Health & Wellness is made up of four departments - Campus Recreation, Counseling Center, Health Promotion and the Student Health Center. The departments are committed to optimizing the well-being of the community, and strive to promote flourishing and resilience through education, service and support. Dr. Crace also introduced four Health & Wellness staff members present (1) Linda Knight - Director of Campus Recreation; (2) Felicia Brown-Anderson - Assistant Director for Research, Evaluation, & Outreach, Counseling Center; (3) Hannah Artiles-Stravers, Assistant Director - Sexual Assault Prevention Specialist, Health Promotion; and (4) Martha Rouleau, Adjunct Lecturer, Mindfulness Mediation Practitioner.

Dr. Crace then introduced the students on the panel who, after introducing themselves shared their campus experiences while working in various programs offered by the Health & Wellness department.

- Daria Moody, a senior and chemistry major; works for Campus Recreation in the Tribe Adventure Program, and she is a student producer of Health & Wellness' *Ways to Flourish* podcast.
- Kyla Payne, a sophomore and a biology major; works for Campus Recreation in the Fitwell program as a cycling instructor
- Nicholas "Nick" Brancatella, a junior and a biology major; works with the director of the counseling center and student accessibility services as a student advocate.
- Raven Pierce, a sophomore and undeclared major, works as a Wellness Ambassador for Health & Wellness.

After each student shared their experiences and insights, Dr. Crace opened the floor for questions of the students and/or staff.

Ms. Aponte thanked students for sharing their experiences.

ADJOURNMENT

There being no further business, Ms. Aponte adjourned the meeting at 1:51 p.m.